

IN TRANSIT

Fuel Up Right!

Don't let sky-high gas prices bring your summer road trips to a screeching halt.

➔ Get the most miles out of every tank with these tips from Chevrolet fuel economy engineer Beth Nunning.

FILL 'EM UP Inflate your tires properly: If they're too low, they'll spread out, increasing friction and sapping more energy. A tire 10 pounds under optimum pressure reduces fuel efficiency by 3 percent.

SLOW DOWN Driving at 60 mph as opposed to 70 gets you an extra 4 miles out of every gallon. And take advantage of cruise control—the less you accelerate and brake, the less fuel you use.

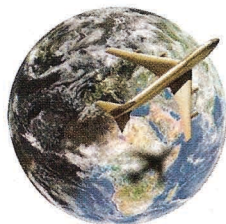
DON'T IDLE Running the engine for just 15 minutes zaps a quarter of a gallon of gas!

GET SOME AIR Remember this speed: 40 mph. If you're going any slower, roll down your windows to cool off. You'll increase your fuel efficiency by 10 percent. Once you hit the highway, opt for the AC—open windows increase drag and waste gas.



HOSTS WITH THE MOST

● Want to watch this month's U.S. Open in person? So does every other fan, allowing pricey hotels to charge even more. Enter istopover.com, a website connecting tourists to locals with rooms to spare in 16,000-plus cities worldwide. We love the Wise Ask feature: Just name what you're looking for (say, "Chicago, pet-friendly, lake views") and hosts bid for your biz. Guest reviews and chats with homeowners make it safe and easy to find a match. The ball's in your court!



READY FOR TAKEOFF

Flights of Fancy

● Multiple stops, prearranged activities, and all-inclusive prices make cruises cool. But until now these perks haven't extended to inland locales. Mauiva's new **AirCruise** combines popular high-seas features with noncoastal ports of call. On each weeklong trip, up to 50 passengers fly via private plane (read: no long security lines) to several of North America's top attractions, like Niagara Falls or the Grand Canyon. Nights at swanky hotels, two meals a day, and tours are all part of the package (from \$1,499 per person; mauivaircruise.com). We're guessing there's no all-you-can-eat buffet, so you don't have to fret about packing on pounds.

Om Away From Home

● When it comes to skipping workouts on vacay, "My gear won't fit in my luggage!" will no longer fly as an excuse. **T Mat Pro's Portable Fitness Mat** (\$25; tmatpro.com) is compact enough to toss in a carry-on, so you can unwind with a few sun salutations after a long flight.



This mat's just 20 inches by 29 inches!